

5 WAYS TO MAKE 2016 YOUR MOST CREATIVE YEAR

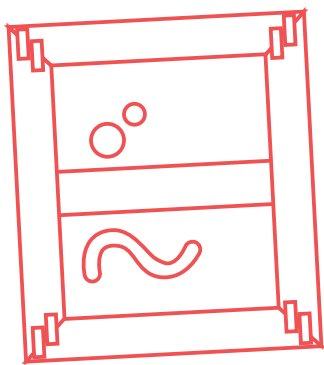
1. Determine Your Goal

What's your **number 1** goal you want to achieve this year?



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2. Focus

Which activity is taking time away from achieving your goal?

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3. Set a time frame

When can you achieve this goal by?

/ / 2016

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You can also use a calendar planner to help work out your days

4. Tell a friend

Who can you be accountable to?

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5. Consistency

What days of the week will you commit to achieve this goal?

Mon Tues Wed Thur Fri Sat Sun

